



yes  
you  
can  
with  
Slimming  
World

Monday 9.00 & 10.30  
13th Ipswich Scout HQ  
Rushmere Road

Tuesday 5.30 & 7.30  
Ipswich Bowls Club  
Rushmere Road

Tower Hall 9.00 & 10.30  
Broadlands Way  
Bixley Farm

Wendy 0771 8304692 [slimmingworld.co.uk](http://slimmingworld.co.uk)

